



# The Northside Record

The Official Publication of

THE EXCHANGE CLUB OF NORTH JACKSON, MS -- Organized March 21, 1958  
Chartered April 18, 1958



Meetings on 1st & 3rd Monday 6:30 p.m. Western Sizzlin (1011 Lake Harbor)

### Club Officers:

Ken Sullivan                      Susan Bragg  
President                              Secretary  
Kathy Jones                      George Bragg  
President-Elect                      Treasurer

### Directors:

James Gould                      Diane Sullivan  
Katherine Gould                      Al Dickens  
L. W. Jones                      Martin Butler

Kathy Jones  
Immediate Past-President

BULLETIN EDITORS: Ken & Diane Sullivan

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## March 14, 2007

### March 19, 2007

#### NEXT MEETING:

Election of Officers – Exchange Education – Board Meeting following business session. **DO NOT MISS THIS IMPORTANT MEETING.** You may be elected to a club office in your absence.

WHEN: **Monday, March 19, 2007, 6:30 PM**

WHERE: Western Sizzlin Restaurant, Lake Harbor Drive, Ridgeland, Mississippi

MENU: Buffet style dinner, salad, tea, coffee, and dessert.

#### LAST MEETING:

Invocation led by Maxine Sullivan and Pledge of Allegiance led by Al Dickens. Diane Sullivan presiding. Angela Butler invited our guest speaker for the last regular meeting. The guest speaker was Andre Jarreau. Mr. Jarreau is a blind businessman and talented entrepreneur. He lives in Ridgeland. Mr. Jarreau holds degrees in Business and Engineering. His particular field of expertise is business consulting. Andre Jarreau's topic was "Let Freedom Ring." Andre gave a stirring and emotional speech about what freedom is. Our American freedoms are not really free at all. The highest civilian honor is the Presidential Medal of Freedom. This honor was introduced by President Harry Truman. Recipients include John F. Kennedy, Pope John Paul II, Helen Keller and Johnny Carson. Americans from all walks of life demonstrate their creative independent spirit. Andre shared with us about freedom from thought to action. Free thought is the mother of creative thinking. When our brains are active, we enjoy pleasure from the release

of hormones and endorphins that enhance and heighten our sense of joy. When we are stressed, negative hormones affect our stress levels and create negative feelings and thoughts. When children experience interaction with a parent or other caring individuals, be it a sibling or caring adult, the infant's brain is stimulated and a pleasurable experience becomes a part of the child's life experience. This freedom and joy elevates the child's ability to think creatively and eliminate restrictions, oppression and fear that would block a child's development. Mr. Jarreau saluted the Exchange Club of North Jackson for our dedication to the prevention of child abuse through our many programs of service and commitments to youth and healthy childhood development. Andre shared with us a song about Alisa, who hid her abusive family situation, from every person that could help her until she could hide no more and "lies with Jesus". Through the commitment of the Exchange Club of North Jackson, the message of child abuse prevention can and is being spread throughout our community. As children are protected, freedom will truly ring throughout our community and nation. Let Freedom Ring. We were dismissed with our Motto, "Unity for Service."

#### BIRTHDAYS:

March  
Thal Athanasion (7<sup>th</sup>), Annette Butler (24<sup>th</sup>), Emily Dickens (11<sup>th</sup>) and Maxine Sullivan (20<sup>th</sup>)

#### SPECIAL ANNOUNCEMENTS

Officer Elections for the 2007-2008 Administrative Year are to be held in March. Please volunteer. Nominating Committee (Al Dickens, James Gould and Diane Sullivan) will be presenting a slate at our next regular March Meeting.

*Court of Honor Campaign –  
Dave Moore “Uncle Sam”*

The Exchange Club of Northwoods and the Mississippi District Exchange Club have made a request for donations to the National Exchange Club. The purpose of these donations is to cover the cost of induction into the Court of Honor for 2008. The required donation is \$4,500. Several individuals have made contributions and the Northwoods Club has made a club donation. If you would like to donate, please make your check payable to the Mississippi District Exchange Clubs and forward to District Secretary, Johnny Middleton, 223 Walnut Ridge Drive, Ridgeland, MS, 39157. There is a deadline for the nomination form to be sent to the National Exchange Club by May 15, 2007.

**GET WELL WISHES:**

Kathy Jones – recovering from knee problems  
Diane Sullivan – recovery continues  
Emily Dickens at home recovering surgery

**PRESIDENT’S COMMENTS:**

Our biggest fund-raisers are behind us for this year, but there will continue to be demands on our time to meet our commitments. New officers will begin planning for another great year. Encourage them and volunteer when asked as you can. We are into a drive to complete our programs before District and National Conventions. Programs pending include Youth of the Month/Year, recognition of the Local and Statewide Trooper of the Year, Book of Golden Deeds, Child Abuse Prevention Month, Convention – District and National. March is membership month begin now to work on your prospects and invite them to a meeting. We will be holding our recognition of the Trooper of the Year on a local and statewide basis. We will be finishing our Youth of the Month program so that entries can be made for District and National competition. We need to focus on our Proudly We Hail project. Please volunteer.

**Ken Sullivan**

***Happy St. Patrick’s Day!***



**MARK YOUR CALENDARS:**

***“Steps of Inspiration”***

Friday, May 4, 2007, Old Capitol Inn, Jackson, MS  
Angela Butler is serving on the committee for the Silver Anniversary Celebration for the Family Support Center. Tickets may be purchased for \$100.00 and each ticket admits two to the dinner/dance gala. Ads for the program range from \$25.00 to \$200.00. Silent auction items are being secured also. If you would like to place an ad, secure an item to be donated for the silent auction or purchase tickets please contact Angela Butler or Diane Sullivan. Our club is being asked to sell 10 tickets, sell ads, and donate silent auction items to help make this event a success. Thank you!

**PARKING ANNOUNCEMENTS:**

Thanks to all who helped with the busy Mississippi State Basketball Championship Tournament. This was our second biggest fund-raiser of the year and enables us to make the contributions and conduct our Programs of Service -- Americanism, Community Service, Youth and the Prevention of Child Abuse.

Helpers included: Angela Butler, Martin Butler, James Gould, Katherine Gould, L W Jones, Jack Thacker, Brian Sullivan, Diane Sullivan and Ken Sullivan. Troy Nicholson and Tommy Smith represented Northwoods along with their helpers Cornelius Jackson, Ben Stewart, Bill Thomas and David Williams.

**UPCOMING ASSIGNMENTS**

O’Jays Concert (sellout), Saturday, March 17,  
5:00 p.m. – 7:15 p.m.

Jackel Rock Concert (sellout), Saturday, March 24,  
5:00 p.m. – 7:15 p.m.